FUTURE TEACHER IN THE HIGHER EDUCATION SYSTEM-PROFESSIONAL TRAINING OF COACHES

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Annotatsiya

Jamiyatning rivojlanish darajasi ta'lim sifati darajasini belgilaydi, bu bevosita o'qituvchilarning malakasiga bog'liq. Oliy ta'lim muassasalarida kasbiy tayyorgarlik bo'lajak jismoniy tarbiya o'qituvchisini tarbiyalash jarayonidagi eng muhim bosqichdir, chunki oliy ta'lim muassasalari (keyingi o'rinlarda universitet) bo'lajak mutaxassis o'qituvchining kasbiy faoliyatini boshlashdan oldingi oxirgi bosqich hisoblanadi.

Kalit so'zlar: Kompetensiya, kasbiy mahorat, jismoniy tayyorgarlik, o'qituvchi, jismoniy madaniyat, mutaxassis, pedagogik ta'lim sifat.

Аннотация

Уровень развития общества определяет уровень качества образования, который напрямую зависит от квалификации педагогов. Профессиональная подготовка в высших учебных заведениях является важнейшим этапом в процессе подготовки будущего учителя физической культуры, так как высшие учебные заведения (далее - вузы) являются последним этапом перед началом профессиональной карьеры педагога.

Ключевые слова: Компетентность, профессиональные качества, физическая культура, учитель, физическая культура, специалист, качество педагогического образования.

Annotation

The level of development of a society determines the level of quality of education, which directly depends on the qualifications of teachers. Vocational training in higher education institutions is the most important stage in the process of training a future physical education teacher, as higher education institutions (hereinafter referred to as the university) are the last stage before starting a professional teacher's career.

Keywords: Competence, professional skills, physical training, teacher, physical culture, specialist, quality of pedagogical education.

The growth of the state determines the development of all spheres of social life. Education occupies a special place in this process, the level of which depends on the quality of professional training of teachers. Each area of education has a great contribution to the formation of the personality of the younger generation. Physical culture occupies a special place in human life. The developing new system of physical culture ensures the need to make appropriate changes in the training of physical education teachers in the system of higher pedagogical education. This is reflected in the content of the new educational standard, new curricula and programs, the transition to a three-year study, and the search for ways to improve the professional training of future specialists.

The purpose of the study is to analyze the professional training of physical education and sports teachers in higher education and to find ways to improve the quality of education for future teachers.

Achieving the research goal involves improving the field of education in the direction of "physical culture" based on the use of methods of didactic modeling of professional activity.

The authors of the articles "General pedagogical training of teachers in the system of higher pedagogical education" and "Retraining and advanced training of teachers" O.A. Abdulina and N.N. Zagryaznina also believe that the main problem in the training of specialists is the mismatch between the personal qualities of students and the requirements of the profession. This means that a future qualified teacher should be emotionally stable, have a balanced nervous system, and have such qualities as social courage and activity. [1-2].

The training of future physical education teachers in the higher education system ensures their comprehensive professional training, the effective formation of professionally significant knowledge, skills and abilities, thanks to which future specialists acquire professional activity and practical skills in their future field. A. G. Prolivayev in his work "Improving the system of training physical education teachers in higher pedagogical institutions" analyzes the problems of training future specialists in the field of physical culture

According to the author, one of the important problems in training future teachers is the increase in theorization and lack of practice. The author writes: "...graduates of pedagogical universities have solid theoretical knowledge, but they cannot implement it in the daily activities of the school..."[3].

The article by L.V. Gryzlova is devoted to the current issues of training teachers in the field of physical education and sports in the context of the modernization of higher education, using the example of the Mordovian State Pedagogical Institute named after L.V. Gryzlova, in which she conducted scientific research on the analysis of the personnel composition in the field of physical education and sports and the improvement of its activities [4].

It is worth noting that one of the directions of improving higher education is associated with changes in the legislative sphere. New changes are accompanied by new directions of practical activity of students in relation to their future profession. One of the effective ways to solve this problem is the introduction of innovative technologies.

The use of practical activities in the educational process plays an important role in personnel training. The sooner a specialist begins to master practical skills, even at the simplest level, the greater the opportunity to improve his professional training and qualifications. Personal abilities are formed and implemented only through experience and practice. The implementation of practical activities can be carried out with the help of business games, which can be used as the main technological tool in pedagogical higher educational institutions in the process of professional training of future teachers in educational and practical training. A business game is a method that can bring the situation as close as possible to the professional activity of a specialist. This is an educational and practical, imitative and preparatory activity of future specialists, which is a stage of transition from the game to practical activity.

A didactic game is a universal technological tool for organizing the educational and practical activities of future teachers, which allows the process to be carried out against the appropriate emotional background of the activities of its participants.

It allows you to reduce the level of psychophysiological overstrain. Game activity, consisting of

game actions that form certain functions in complexes, can also be described as effective, professional preparation of a person for work.

E.V. Bystritskaya in her article analyzes the system of organizing the activities of students of physical education pedagogical specialties to improve the quality of their professional pedagogical training. The process of organizing the individual activities of students does not have an unconscious form, which means that she proves that without forming in students the belief that "the independent activity of the teacher is his personal responsibility," a personal characteristic cannot be formed [5].

Theoretical knowledge is as important as practical knowledge in the training of specialists. A future teacher should have knowledge not only of the theory and methodology of physical education and sports, but also of physiology, biomechanics, anatomy and other disciplines necessary for the organization of physical education and sports in an educational institution. Thus, the professional training and qualifications of a future physical education teacher are determined by the level of knowledge and skills obtained as a result of simultaneous practical and theoretical activities.

Taking into account the above requirements, it is possible to formulate the general professional qualities and tasks of a physical education teacher in a higher educational institution:

- have knowledge of teaching and methodology;
- psychological preparation,
- general knowledge,
- broad cultural outlook,
- pedagogical skills,
- access to educational technologies,
- knowledge about the student body
- organizational skills and abilities,
- scientific passion,
- pedagogical tact;
- pedagogical technique,
- a clear and precise understanding of the goals and objectives of the work being performed;
- communication skills [6].

Currently, the pace of growth of science and technology allows students to use various methods to improve their knowledge in various fields. There are new programs and methods of high-quality training for certain professions, which not only help to acquire a wide range of skills, but also increase the opportunities for improving general culture, and also allow future specialists to realize their creative potential.

The training of future physical education teachers includes, first of all, the development and implementation of curricula and various methods with the help of which the student receives information about the content of educational activities. The quality of mastering knowledge and skills also depends on how the teacher presents the content of the program. The sequence of actions in teaching, the structure of the educational process, and methods of motivating future specialists play a very important role. Thus, the demand for improving the quality of education of future teachers has always been and remains important and relevant.

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